

## Trainingszeiten " Kunstrasen " Niedermark Saison 2025-2026

| Zeit        | Montag |      | Dienstag  |          | Mittwoch |      | Donnerstag |           | Freitag      |  |
|-------------|--------|------|-----------|----------|----------|------|------------|-----------|--------------|--|
|             |        |      |           |          |          |      |            |           |              |  |
| 14.30-15.00 |        |      |           |          |          |      |            |           |              |  |
| 15.00-15.30 |        |      |           |          |          |      |            |           |              |  |
| 15.30-16.00 |        |      |           |          |          |      |            |           |              |  |
| 16.00-16.30 |        |      |           |          |          |      |            |           | C II         |  |
| 16.30-17.00 |        | D II |           |          |          |      |            |           | C II         |  |
| 17.00-17.30 |        | D II |           |          |          | D I  |            |           | C II         |  |
| 17.30-18.00 |        | D II |           | B I      | C II     | D I  |            |           | C I          |  |
| 18.00-18.30 |        | A I  | A II      | B I      | C II     | D I  |            |           | C I          |  |
| 18.30-19.00 |        | A I  | A II      | B I      | C II     |      |            |           | C I          |  |
| 19.00-19.30 | MT     | A I  | A II      | Herren I | Ü 32     | Ü 40 | Herren I   |           |              |  |
| 19.30-20.00 | MT     |      | Herren II | Herren I | Ü 32     | Ü 40 | Herren I   | Herren II | HSV Her. III |  |
| 20.00-20.30 | MT     |      | Herren II | Herren I | Ü 32     | Ü 40 | Herren I   | Herren II | HSV Her. III |  |
| 20.30-21.00 |        |      | Herren II |          | Hobby    |      |            | Herren II | HSV Her. III |  |

Stand: 08.12.2025

## Trainingszeiten " Rasen " Niedermark Saison 2025-2026

| Zeit        | Montag |  | Dienstag  |          | Mittwoch |      | Donnerstag |           | Freitag |       |
|-------------|--------|--|-----------|----------|----------|------|------------|-----------|---------|-------|
|             |        |  |           |          |          |      |            |           |         |       |
| 14.30-15.00 |        |  |           |          |          |      |            |           |         |       |
| 15.00-15.30 |        |  |           |          |          |      |            |           | U 7     |       |
| 15.30-16.00 |        |  |           |          |          |      |            |           | U 7     | E III |
| 16.00-16.30 |        |  |           |          |          |      | U 6        |           | U 7     | E III |
| 16.30-17.00 | E III  |  |           | U 9      |          |      | U 6        |           | U 9     | U 8   |
| 17.00-17.30 | E III  |  |           | U 9      |          |      |            |           | U 9     | U 8   |
| 17.30-18.00 | E III  |  |           | U 9      |          |      |            |           | U 9     | U 8   |
| 18.00-18.30 |        |  |           |          |          |      |            |           |         |       |
| 18.30-19.00 |        |  |           |          |          |      |            |           |         |       |
| 19.00-19.30 |        |  |           | Herren I | Ü 32     | Ü 40 | Herren I   |           |         |       |
| 19.30-20.00 |        |  | Herren II | Herren I | Ü 32     | Ü 40 | Herren I   | Herren II |         |       |
| 20.00-20.30 |        |  | Herren II | Herren I | Ü 32     | Ü 40 | Herren I   | Herren II |         |       |
| 20.30-21.00 |        |  | Herren II |          |          |      |            | Herren II |         |       |

Stand: 08.12.2025